

Pet Quality of Life Scale

Instructions: Rate each statement based on your observations of your pet over the past month. Use the following scale:

1. **Strongly Disagree**
2. **Disagree**
3. **Neutral**
4. **Agree**
5. **Strongly Agree**

1. Physical Health

1. My pet appears to be in good overall health.
2. My pet eats and drinks normally.
3. My pet is active and engages in regular physical activity.
4. My pet does not exhibit signs of pain or discomfort (limping, whining, excessive panting).

2. Mental and Emotional Well-being

5. My pet seems happy and content.
6. My pet is responsive to interaction and play.
7. My pet shows interest in their surroundings and activities.
8. My pet is relaxed and comfortable in their environment.

3. Social Interaction

9. My pet interacts well with family members and other pets.
10. My pet shows affection and seeks attention from me.
11. My pet is comfortable with social situations, such as visitors.
12. My pet enjoys spending time with me and participates in activities together.

4. Behavior and Activity

13. My pet demonstrates normal behavior for their species and breed.
14. My pet is able to engage in usual activities (e.g., running, climbing, playing).
15. My pet does not show signs of distress or behavioral problems.
16. My pet is responsive to training and commands (if applicable).

5. Grooming

17. My pet is able to groom themselves and their coat is free of debris, mats and excrement.
18. My pet is able to engage in usual activities (e.g., running, climbing, playing).
19. My pet does not show signs of distress or behavioral problems.
20. My pet is responsive to training and commands (if applicable).

Scoring and Interpretation

- **Total Score Range:** 28 to 140
- **Low Quality of Life (20-50):** Indicates significant concerns or issues that may need immediate attention and intervention.
- **Moderate Quality of Life (50-75):** Shows that the pet is generally well but may have areas that require improvement.
- **High Quality of Life (75-100):** Reflects a positive and healthy state of well-being for the pet across all domains.

This scale is a tool to help assess a pet's quality of life and should be used alongside regular veterinary advice. It can be particularly useful for monitoring changes over time and making informed decisions about a pet's care.